



## Academy of Thai Massage and Energy Work

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### **Practical Shamanics Class Syllabus**

#### CLASS I

History: Siberia, South America, Native American

What is a shaman: The Gift, NDE, Life Change - Who decides?

Practices and styles: Medicine Wheel, Vision Quest, Sweat Lodge

Power totems and tools: Animal Guides, Birth Aspects, the Drum

Ecstasy: Altered State of Awareness

Meditation: Seven Doors

#### CLASS II

Permission to heal through battle of the guides: Astral Negotiations

Permission to heal: Guides, Spirit helpers, and Astral Adventure

Removing the energetic "hooks" and attachments: Tools, Intention,

Symbolism-Shaman Breath, Send to place where cannot harm,

Sealing and cleansing the healing: Seal the Void, Bless the Healing

Honoring the medicine: Respect for the Source

Can the healing harm: Fear, Intention

How do you find a Shaman to trust with your soul?

Meditation: Enter the Crystal-Sacred Geometry and Seven Doors

The Good Red Road: We are all One. There is only One of us.