



## Academy of Thai Massage and Energy Work

1272 Jungermann Road

St. Peters, MO 63376

(636) 498 - 5544

[www.dragonflyhealthspa.net](http://www.dragonflyhealthspa.net)

### Advanced Thai Class Outline

The following areas will be covered in the Advanced Thai Class:

- ✓ History of the Thai spiritual realm
- ✓ Introduction to the Hill-tribes and the local customs
- ✓ Review of Sen lines
- ✓ Sen lines as Elements
- ✓ Elements in relation to disease
- ✓ Reflexology
- ✓ Use of the Jap/energy stick
- ✓ Herbal Compresses & Acupressure points
- ✓ Breaking the blockage, ultra-sound
- ✓ Focusing the intent
- ✓ Chakra systems
- ✓ Use of the Breath to facilitate healing/ Blow doctor
- ✓ Thai and Shamanic Healing
- ✓ Creating a healing space
- ✓ Healing Totems
- ✓ Tapping into the higher self
- ✓ Communicating through the over soul
- ✓ Healing vibrations, sensing and using
- ✓ Stepping into your medicine (power/knowledge)
- ✓ Daily practice sessions